

## WE CATER FOR LARGE PARTIES

*Weddings  
Anniversary Celebrations  
Birthday Parties*

*Private Hire and Dance Floor*

*Outside Catering available*

Salmon Wrap



Mezetakia



Mixed Grill



Bar Meze Giant Burger



Swordfish



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# BAR MEZÉ

## MENU



*“Fantastic, fresh food in  
a lively atmosphere”*

# MENU

There are no set starters or main courses. Order as few or as many dishes as you wish. Cold dishes will be served straight away; hot dishes from our charcoal grill will be served as each one is cooked. All our dishes are prepared fresh in our kitchen, please ask if you have any allergies or dietary requirements.

<b>Houmous *</b> Chickpea and Tahini with olive oil and herbs – very popular.	<b>£4.50</b>
<b>Tzatziki *</b> Yoghurt, cucumber and mint – traditional cool dip.	<b>£4.50</b>
<b>Taramasalata</b> Smoked cod roe, onion, olive oil and lemon dip – addictive.	<b>£4.50</b>
<b>Melinzanosalata *</b> Roasted aubergine, tomato, hint of garlic, olive oil and lemon dip – my favourite!	<b>£4.50</b>
<b>Biberia Kokkina *</b> Skinned, roasted red peppers in an olive oil and lemon marinade – unbelievable!	<b>£4.50</b>
<b>Koukia *</b> Broad beans, mint, olive oil dressing – you'll be surprised how good these taste.	<b>£4.50</b>
<b>Patatosalata *</b> Baby new potato salad with parsley, lemon and olive oil.	<b>£4.50</b>
<b>Baba Ghanoush *</b> Smoked aubergine with tahini, greek yoghurt, olive oil and seasoning from the middle east.	<b>£5.75</b>
<b>Bar Meze Greek Garlic Bread</b> Traditional Greek Bread, given the Bar Meze touch including Garlic & Rosemary	<b>£2.75</b>
<b>Feta Cheese *</b> Feta cheese with an olive oil and dried mint dressing – suggest try with mixed olives.	<b>£4.50</b>
<b>Bar Meze Salmon Wraps</b> King Prawns wrapped in smoked salmon with olive oil, lemon and seasoning – colourful and delicious (Ask for availability).	<b>£9.95</b>
<b>Halloumi *</b> Traditional Greek cheese, charcoal grilled. Compliments most other dishes – very popular.	<b>£5.50</b>
<b>Naughty Halloumi Chips *</b>	<b>£5.95</b>
<b>Mixed Vegetables Souvlakia style *</b> Tomatoes, onions, peppers, aubergine, courgettes and mushrooms charcoal grilled Souvlakia style on a skewer.	<b>£5.95</b>
<b>Spanakopitta *</b> Spinach and Feta cheese wrapped in filo pastry served hot. These are home made to a new recipe and are absolutely delicious – very popular; suggest check availability when ordering.	<b>£6.75</b>
<b>Egyptian Pastry (The Pharaoh's Special)</b> Minced Chicken, Chopped Vegetables, Feta Cheese, Béchamel Sauce and herbs wrapped in filo pastry – beautiful.	<b>£7.50</b>
<b>Manataria *</b> Large mushrooms fresh from local supplier, charcoal grilled with lemon and olive oil dressing – these taste like mushrooms from a bygone era.	<b>£4.95</b>
<b>Bar Meze Stuffed Peppers</b> Freshly chopped Swordfish, vegetables and béchamel sauce topped with cheese.	<b>£5.75</b>
<b>Bar Meze Chicken Wings x3 pieces</b>	<b>£7.50</b>

<b>Pastourma</b> Spicy beef sausage, charcoal grilled.	<b>£6.50</b>
<b>Falafel *</b> Classic Middle Eastern chickpea, coriander and parsley parcels.	<b>£6.50</b>
<b>Kofta</b> Home made Kofta of minced lamb, herbs & spices, served with cool & spicy dips – trust me, you'll want these again.	<b>£7.75</b>
<b>Dolmades</b> Hand-rolled vine leaves stuffed with minced lamb and rice – very traditional.	<b>£7.50</b>
<b>Kalamari</b> Deep fried hand-cut baby squid, suggest lots of lemon and pepper – wonderful.	<b>£8.95</b>
<b>Tuna Shashlik</b> Skewers of fresh tuna – charcoal grilled. "an experience not to miss".	<b>£15.50</b>
<b>Seafood Piato</b> Prawns and fresh fish charcoal grilled – very healthy and very tasty.	<b>£13.50</b>
<b>Swordfish Shashlik</b> Skewers of fresh swordfish charcoal grilled – so delicate, so healthy.	<b>£13.50</b>
<b>Mediterranean Prawns</b> Butterflied and charcoal grilled – these are delicious, very popular.	<b>£12.50</b>
<b>Sartheles</b> Sardines, charcoal grilled with lemon and olive oil dressing – very Mediterranean.	<b>£7.50</b>
<b>Lamb Cutlets</b> Four prime lamb cutlets, French trimmed, charcoal grilled – these are special.	<b>£13.95</b>
<b>Lamb Souvlakia</b> Skewers of marinated lamb, charcoal grilled – traditional Greek street food.	<b>£12.50</b>
<b>Chicken Shashlik</b> Tender pieces of chicken charcoal grilled on a skewer with peppers, mushroom and onion in a special marinade – Mmmm!	<b>£10.50</b>
<b>Chicken Tikka</b> Marinated with mixed spices, yoghurt and lemon juice – charcoal grilled.	<b>£10.50</b>
<b>Sirloin Wrap – Bar Meze style</b> Blue Cheese wrapped in Sirloin fillets with our special marinade – all charcoal grilled and served with hand cut chips (Ask for availability).	<b>£18.50</b>
<b>Reizi *</b> Savoury rice with chopped onions and peppers.	<b>£4.25</b>
<b>Patades Tiganites *</b> Our famous "hand-cut" chips.	<b>£4.25</b>
<b>Zucchini *</b> Deep fried courgettes.	<b>£4.25</b>
<b>Greek Salad with Feta Cheese *</b> Optional dressing.	<b>£4.25</b>
<b>Omneya's Egyptian Salad *</b> Tomato, cucumber, onion, fresh peppers, feta, egyptian spices – mouth watering!	<b>£6.50</b>
<b>Tomato &amp; Onion Salad with Feta Cheese *</b> Optional dressing.	<b>£4.25</b>
<b>Olives *</b> Mixed olives slightly spiced – great with Feta cheese.	<b>£3.25</b>
<b>Extra Pitta Bread Portion</b>	<b>£1.00</b>

## TAKEAWAY AVAILABLE – 15% DISCOUNT

We list only the main ingredients in our dishes so please tell us if you have any allergies, intolerances or dietary restrictions or ask to see our Allergen Menu Chart. Our food is prepared fresh in our busy kitchen and we do our best to adapt to meet dietary requirements, but we cannot guarantee that any menu item is completely allergen-free.

## SPECIALS OF THE HOUSE

<b>Special Meze (Minimum 2 persons)</b> Our signature dish, very popular, never disappoints and excellent value. <b>1st Course:</b> A selection of the first seven of our ever popular homemade dips and served with hot pitta bread. <b>2nd Course:</b> Halloumi, Pastourma & Greek Salad, Falafels. <b>3rd Course:</b> Kalamari & Swordfish. <b>4th Course:</b> Chicken & Lamb Souvlakia served with rice. (There is of course a vegetarian option, please ask your waiter for details).	<b>£22.50</b> <i>per person</i>
<b>Mezetakia (Minimum 2 persons)</b> Our selection of the first seven cold homemade dips all served with Hot Pitta Bread – Superb!	<b>£8.50</b> <i>per person</i>
<b>Bar Meze Mixed Grill</b> Two prime lamb cutlets, 4 cubes each of lamb and chicken souvlaki and two skewers of kofta, all charcoal grilled and served with chips.	<b>£19.50</b>
<b>Kleftiko</b> Lamb on the bone very slowly roasted to keep it moist and unbelievably tender, flavoured with special herbs & spices – this is wonderful. Served with "either" Reizi Rice, Hand Cut Chips "or" Salad.	<b>£19.50</b>
<b>Sirloin Steak (10oz at least)</b> Charcoal grilled - Nice and Tender. Served with handcut chips.	<b>£18.50</b>
<b>Bar Meze Giant Blue Cheese Burger</b> Served with Greek bread, salad and chips to the side (Ask for availability).	<b>£18.50</b>
<b>Calves Liver</b> Cooked with onions and peppers. Served with rice.	<b>£14.50</b>
<b>Seabass</b> Fresh Seabass – chargrilled to perfection – very delicate, very healthy. Served with "either" Reizi Rice, Hand Cut Chips "or" Salad.	<b>£18.50</b>
<b>Lamb Tagine</b> Lamb on the bone, flavoured with cinnamon, garlic, apricots, prunes and spices – Amazing. Served with Reizi Rice.	<b>£18.50</b>
<b>Chicken Tagine</b> Chicken on the bone, flavoured with cinnamon, garlic, apricots, prunes and spices – Amazing. Served with Reizi Rice.	<b>£15.75</b>
<b>Swordfish Tagine</b> Thickly chopped swordfish cubes with vegetables and spices. Served with reizi.	<b>£15.50</b>
<b>Vegetable Tagine (wonderful for vegans)</b> Blended vegetables amazing flavours – served with rice.	<b>£12.50</b>
<b>Moussaka, Meat or Vegetarian (made with Quorn mince)</b> Classic Greek aubergine and potato dish. Freshly made in our kitchen with lamb or Quorn mince and béchamel sauce.	<b>£12.50</b>
<b>Tavas</b> Traditional Greek Lamb Casserole – Wonderful. Served with Reizi Rice.	<b>£13.50</b>

## SOFT DRINKS

<b>Fruit Juices</b> , orange, apple, cranberry or pineapple	£2.50
<b>Pepsi, Diet Pepsi or Lemonade</b>	£2.50
<b>Mineral Water</b> still or sparkling 750ml bottle	£4.50
<b>Childrens Beer</b> (ask for details)	£2.50

## BOTTLED BEERS 330ml

Keo	£4.75
Peroni	£4.75
Mythos	£4.75
Alpha	£4.75
<b>SPIRITS</b>	
All spirits per shot	£4.00
Mixers	£0.65

\* Suitable for vegetarians † May contain nuts